**SHUTi for Researchers Sleep Diary Syntax: Update Log**

August 7, 2023: Updates from v2 🡪 v3

* Minor (not annotated in script)
  + Added companion manuscript access and citation details

April 27, 2023: Updates from v1 🡪 v2

* Added computation of Core completion – during 9-week intervention phase (Int\_Cores\_Comp) and total logged in Events data (Tot\_Cores\_Comp)
* Added syntax to table counts of diaries with data changes as a result of each and any of the cleaning updates
* Updated computation of tib.tot and tib.h variables to save data as number of hours without formatting (i.e., just as a number without a time label)
* Simplified computation of tst.fix as part of valid data identification
* In the manual data review section, added a review of “invalid” diaries
* Added computation of “NumAwake” (average number of awakenings per night) and “SleepQ” (average sleep quality rating)
* Minor (not annotated in script)
  + Added version of R used to build syntax
  + Added “row.names = FALSE” for all write.csv commands
  + Added and updated rm() commands to more thoroughly clean up environment
  + Added directions in the background regarding executing commands
  + Added information in the background about notes for version updates